



Autumn Term 2018 (1st Half)

National Fitness Day

To celebrate 'National Fitness Day' on Wednesday 26th September, the whole school joined together on the large playground to take part in 10 minutes of exercise at 10 o' clock. Leon, our Fit4Fun coach, led all the children in a variety of mini exercises.



Year 5 and 6 Boys 'School Games' Table Tennis Competition

On Wednesday 3rd October, Elwood, Ashley, Ollie and Logan went to The Laureate Academy to take part in a School Games Under 11 Table Tennis Competition. The boys had been practising daily at playtimes using the outdoor table tennis tables and their hard work paid off, as each of the boys played skilfully to finish a close **2nd place** to Greenway School. A great achievement - Well done Boys!



Year 5 and 6 Girls 'School Games' Table Tennis Competition

Our Year 6 girls: Polly, Miley, Desiree and Joan-Chantal were chosen to take part in the Girls' Under 11 School Games Table Tennis competition on the following day. They too had been practising at playtime and there were some very close games between them and children from other primary schools. They had lots of fun and were proud of the way they had played. They finished in **5th Place**.



Bronze Sports Leaders and Health/Activity Leaders Training Day

The Year 6 children were invited to apply for the above sports leader roles. They completed a short questionnaire and wrote a couple of sentences explaining why they would be good leaders. **Kian** and **Lillian** were chosen to be our Bronze Sports Leaders and after half term they will be forming a new Sports Crew, who will help them organise sports clubs and competitions for all the children. **Ollie** and **Joan-Chantal** were chosen to be the Health/Activity Leaders as they showed that they were aware of the importance of having a healthy lifestyle and promised to help find ways for all our children be active at school. They attended a training day on Friday 5th October and have met with Mrs Lulham to plan what they are going to do first. We look forward to seeing what ideas they come up with.



Sports Crew

After half term, our new Bronze Sports Leaders, Kian and Joan-Chantal, will be recruiting other Year 6 children to join their new Sports Crew. We are hoping to have many members as 22 children in the class originally expressed an interest. We will introduce them to you and explain what their roles will be in the next Sports newsletter.

Year 3 and 4 Cross Country Competition

On Wednesday 10th October, all the children in our KS2 classes took part in a Dacorum Schools' Cross Country Competition against 4 other local primary schools. It was a beautiful, sunny, Autumnal day and we were blessed with perfect running conditions.

Congratulations to the following children who gave some outstanding performances in their events on the day.

Year 3 Boys – Jimmy Donald – 1st Place

Year 3 Girls – Katie Watts – 4th Place

Year 4 Boys – Jonah Jones – 13th Place

Year 4 Girls – Anna Ahi – 7th Place



In the Year 3 Competition at Adeyfield School – St Albert the Great school finished in 2nd Place



Year 5 and 6 Cross Country Competition

In the afternoon of 10th October, the Year 5 and 6 classes also went to Adeyfield to take part in their competition. The distance of their course was increased and once again, they all did very well.

Congratulations to the following children who gave some outstanding performances in their events on the day.

Year 5 Boys – Toby Fox – 4th Place

Year 5 Girls – Phoebe Molnar – 1st Place

In the Year 5 Competition at Adeyfield School – St Albert the Great school finished in 2nd Place

Year 6 Boys – Khyan Frazer-Williams – 1st Place

Year 6 Girls – Joan-Chantal Chijuka – 3rd Place



In the Year 6 Competition at Adeyfield School – St Albert the Great school finished in 2nd and 3rd Places





District Cross Country Competition

Following their impressive running in the recent cross country competitions, I have selected children to create a Boys' team and a Girls' team to represent St Albert the Great School in the **District Cross Country Competition** which will take place after half term on **Thursday 8th November** at Adeyfield School.

Boys' Team - **Khyan Frazer-Williams, Elwood Owen, Harley West and Sam Lamb**

Girls' Team - **Gabby Haynes, Joan-Chantal Chijuka, Dara Jones and Phoebe Molnar**

Boys Football Team News

The boys have played two friendlies so far to prepare them for the start of the football league after half term. They were undefeated in both games, beating **Hobletts Manor (2-0)** and drawing to **Leverstock Green (1-1)**. Mr McIlroy and the boys are all looking forward to starting the league campaign, carrying forward the brilliant team performance and spirit that they have already shown. We will keep you informed of their progress.

Discounted Tickets for Saracens's Rugby Match

Our school has been offered the opportunity to obtain some heavily discounted tickets for the: **Saracens v Worcester Warriors** rugby match on **Sunday 11th November** (Kick Off 3.00pm). Follow the step by step instructions on the attached letter to take advantage of this special offer. Please note that we have been informed that tickets will be available on a first come, first served basis.



Skip2Bfit Competition

During our last Healthy Living Week in the Summer Term, Mrs Lulham invited Skip2Bfit to come into school to teach the children about the importance of competing against themselves to achieve their **Personal Best**. As this is an element of competition that schools are being encouraged to develop, Mrs Lulham decided to spend some of our Sports Premium money purchasing a skipping rope for each child to use in school, as well as some other Skip2Bfit resources.

After half term, the whole school will be taking part in a Skip2Bfit Intra (Level 1) school competition, where the children will compete against their class house teams. At the same time an emphasis will be on developing their own skill and stamina while monitoring and improving their personal progress each week. Children in Years 3 & 4 will also be competing against other local primary schools in a virtual Inter (Level 2) competition as their weekly data will be sent off and compared with other year 3 and 4 classes. We will keep you up to date with how everyone is doing next half term.



Outside School Sporting Achievements

Don't forget to let Mrs Lulham know about the children's outside school sporting achievements. You can email her information, photos etc using the school admin email address: admin@albertthegreat.herts.sch.uk

Thomas Kelly took part in a **Taikwondo** competition in which he was competing against much older (and taller) boys. He did ever so well for his first competition and we look forward to hearing more about his achievements throughout the year.

Ellie Godley and **Gracie Nash** travelled all the way to Waterford in Ireland to take part in the **Irish Dancing** Southern Championships. Ellie came to show me her huge trophy and informed me that she had been place 2nd in the pre-liminary competition, which involved her dancing her reel and hard jig dances. Keep up the hard work girls!



Sports Dates and Events Coming Up Next Half Term

Monday 5th November - Sports Assembly 9.10am in the school hall - parents welcome

Thursday 8th November - District Cross Country Competition at Adeyfield Secondary School (After School)

Tuesday 13th November - St Albert's 'B' v Bovingdon 'B' Football Match (After School)

Monday 12th November - Year 4 Tag Rugby Festival at King's Langley Secondary School

Wednesday 14th November - Year 5 & 6 Basketball Competition at King's Langley Secondary School (After School)

Tuesday 20th November - Year 6 to watch the 'Gym and Dance Display' at JFK School

Wednesday 21st November - St Albert's 'A' v Hammond Football Match (After School)

Monday 26th November - Year 2 Target Games Event at JFK School

Wednesday 28th November - Hammond v St Albert's 'B' Football Match (After School)

Monday 3rd December - Greenway v St Albert's 'B' Team Football Match (After School)

Wednesday 5th December - St Albert's 'A' v Gade Valley Football Match (After School)

Thursday 6th December - Year 5 & 6 Hemel Town 6-a-side Football Tournament at Hemel Hempstead Football Club



Keep up to Date with St Albert's Sports News



- Follow us on Twitter [@StAlbertsPENews](https://twitter.com/StAlbertsPENews)

- School Website - Look at the PE pages on the school website, for more photos of sports events.