

How to make Roman Jewellery

Bracelet:



Or design your own! Here are some ideas!



Necklace:

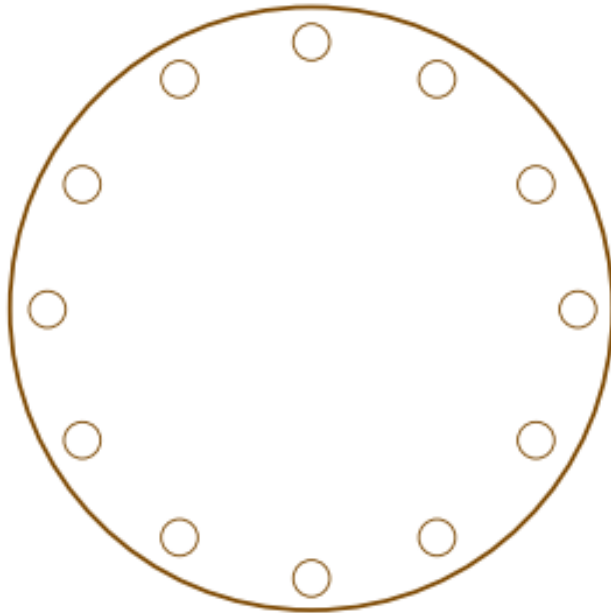
Roman children wore bulla necklaces for good luck - have a go at recreating one!



Make a Bulla

A bulla was a kind of pouch or locket worn by Roman children. It was meant to give them good luck and keep them safe from evil spirits. Some were just pouches made from material but some were made from metal. They were given to children soon after birth. Girls wore them until they got married. Boys wore them until they were old enough to become citizens. Boys sometimes put them back on for special occasions, such as if they won an award for bravery.

As well as not being made from the same materials they were also made in different shapes. You could use the plan below or make your own.



- 1 Make a circle out of material. Something that doesn't fray is the best.
- 2 Decorate it if you choose.
- 3 Make holes at intervals around the edge. Do not go too close to the edge.
- 4 Take a piece of string or ribbon and thread it through the holes. Pull it tight to make a pouch.
- 5 Put something in it to be your Roman lucky charm.
- 6 Use the rest of the string to hang it around your neck.



Left: bust of boy wearing a bulla (Herculaneum)