



St Albert's P.E NEWSLETTER

Special points of interest:

- Autumn PE fun!
- New Sports Apprentice
- Football Team
- Cross Country
- Year 3 Target Games
- Sports Crew
- Christmas Orienteering
- Year 2 Multi-Skills Festival
- Year 1 Footgolf
- Year 2 Virtual Run
- Afterschool Dance & Football
- Outside Achievements

PE & School Sport is back!

It has been such a joy this term to take another step back towards normality in the way our children participate in PE & School Sport. Classes have enjoyed a variety of PE lessons including activities such as orienteering (using our newly installed course across the school site). Our EVFS children have also loved using our brand new balance bikes which arrived late in the summer term. To assist with the delivery of our PE lessons, we have been pleased to welcome Miss Jones, our new sports apprentice, to the St Albert's community. Miss Jones has settled in brilliantly and has already used her dance, netball and other sporting experiences to help develop the children's skills in lessons. As restrictions eased and bubbles no longer necessary it meant that we could also get back to participating in local competitions against other primary schools. Dacorum School Sports Network, our local School Games competition providers, resumed their usual offer of sporting

competitions for all primary schools this term. I am pleased to say that over 90% of children from Year 1-6 participated in one of their competitions this term. To find out what competitions some of the children participated in please read on.



St Albert's P.E NEWSLETTER

Sensational Year of Second Places!!

Special points of interest:

- Healthy Living Week
- Sports Day
- PE fun
- Dacorum Dance podium finish
- Finalist Football Team
- DHC Athletics silver medalists
- GB Athlete Visit
- Commonwealth Games Festivals
- Tri-Golf Champions
- Sports hall Athletics
- Outside Achievements

The range of activities provided for the children was brilliant and allowed all children to shine in different ways. It's hard to pick highlights but the dressing up/dancing and the dancing were particular favourites. It is also great to have a variety of both competitive and non-competitive events. Parent of PS1 & Year 3 child.

St Albert's have certainly had an excellent year in PE & Sports. Not only is it a celebration returning to normality through sending children on local sporting trips but also being able to provide competitive sporting opportunities against local schools, our children have achieved some wonderful successes along the way. To find out more, please read on to page 2 & 3.

Action Packed Healthy Living Week

Superb Sports Day

The children returned back from their final half term break to their most active day that more special. I hope you all enjoyed the day as much as we did. To launch our healthy living week, our year 6 bronze ambassadors led a whole school warm up on the playground for their peers. This certainly got the pulses raised ready for the week ahead! Following this, the activities came thick and fast all week long. Children from all classes were lucky enough to have several opportunities to participate in a variety of activities ranging from boxing to bounce fitness to basketball (and many, many more). The aim of the week was to give every child an opportunity to experience a variety of activities to hopefully help them find something that they like. We also provided children at St Albert's with a new sport to try together as classes for the first time through ordering several Archery sets. Judging by the feedback from all classes the purchase was money well spent! As the week went on, the excitement for our final showcase of healthy living week lining up tied winners. Your colour strings built up. It was so lovely to welcome so many parents, family and friends of the school for our first proper sports day post lockdown. From our early years sports day at 9am all the way through to our KS2 event in the afternoon, the

support from you all certainly made the day that more special. I hope you all enjoyed the day as much as we did. To extend a massive thank you to the sports leaders from JFK School who kindly came to help support the delivery of the event, without them the day would not have run so well. It was lovely to see children in the early years and KS1 have their first taste of a sports day and I hope they are looking forward to many more in their years to come. As the Early years sports day was non-competitive, it meant all scores from the KS1 and KS2 events would count towards who would be crowned the winning house. All children from both key stages demonstrated excellent collaboration skills and terrific sportsmanship in every event that they took part in - well done to you all! Extraordinarily, we ended up with a tie for the overall results. Well done to St Alban and St Josephine Bakhita for their fantastic teamwork and collaboration skills. We will be tied to the sports day cup for the next 12 months! To see the highlights of our terrific week, please see the gallery of images on page 5.



St Albert the Great Primary School
2021-22

Evidencing the impact of the Primary PE and sport premium



Details with regard to funding:

Total amount carried over from 2019/20	£4,750.00
Total amount allocated for 2020/21	£17,800.00
How much (if any) do you intend to carry over from this total fund into 2021/22?	£1,635.00
Total amount allocated for 2021/22	£17,990
Total amount of funding for 2021/22. To be spent and reported on by 31st July 2022.	£19,425.00

Swimming Data:

<p>Meeting national curriculum requirements for swimming and water safety.</p> <p>N.B. Complete this section to your best ability. For example you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts.</p> <p>Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self rescue even if they do not fully meet the first two requirements of the NC programme of study</p>	<p>PLEASE NOTE: DUE TO NATIONAL LOCKDOWN AND SHORTAGE OF POOL AVAILABILITY, THIS CURRENT YEAR 6 COHORT DID NOT GET THEIR FULL YEAR OF SWIMMING WITH US. AS A RESULT, THIS DATA IS BASED ON A QUESTIONNAIRE SENT TO PARENTS.</p>
<p>What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your pupils may swim in another year please report on their attainment on leaving primary school at the end of the summer term 2020.</p> <p>Please see note above</p>	<p>41% (Based on 16 out of 29 parents responding, 55% of class)</p>
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p> <p>Please see note above</p>	<p>38% (Based on 16 out of 29 parents responding, 55% of class)</p>
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	<p>Unable to answer.</p>
<p>Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?</p>	<p>Yes/No</p>



St Albert the Great Catholic Primary School

"The more I learn about the world in which I live, the closer I grow to God."



Academic Year: 2020/21		Total fund allocated: £19,425.00	Date Updated: 29 th July 2022	
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officers guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: 21%
Intent	Implementation		Impact	Sustainability and suggested next steps:
Increase the amount of time children spend being physically active during the school day	Promote and provide ideas for daily Active 30:30 activities and opportunities e.g. brain breaks, daily mile. Wheel of fortunes were purchased for every class to use for active brain breaks. Children were asked to come up with exercises to put on the wheel which they could then spin for during and between lessons in the classroom.	£419.93	Children able to keep active during lesson time and have the opportunity to participate in fun and engaging brain breaks in between lessons.	Classes have the resources to continue keeping active in class.
Enable children with barriers to learning or additional needs to stay active in school and to help with academic progress across all subjects.	Variety of equipment including trampettes, exercise balls and resistance bands for children to use during sensory breaks.	£410.00 (Committed expenditure)	Children are able to remain active and stay focused to help with academic progress through the implementation of high quality sensory breaks.	Targeted sensory groups to continue allowing children to be able to make progress and keep active.

Increase the amount of time children spend being physically active during the school day	A book for active nursery rhymes was purchased for early years and KS1 to use	£9.99	Children able to engage in a more active way through music and singing.	Classes have the resources to continue keeping active in class.
Increase the amount of time children spend being physically active during the school day	Outdoor Gym Equipment for KS2 playground has been commissioned.	Total Cost £5,035.00 £3,214.00 (Committed expenditure from 2021-22 grant and the outstanding balance from 2022-23 fund.)	Children have more resources to keep active during the school day	Long Term opportunities for children to remain active.
Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement				Percentage of total allocation: 36%
Intent	Implementation		Impact	Sustainability and suggested next steps:
Ensure that resources are fit for purpose to enable all children to take part in PE lessons and school sport.	Audit PE resources and ensure that the equipment is fit for purpose and there are enough pieces for all children to take part in PE lessons.	£1,832.14 (£1,432.00 Committed Expenditure)	Replenished stock of PE & Sport resources to aid the delivery of high quality PE lessons to ensure the profile of PE and Sport is raised across the school. Items Purchased include: Ball bags, basketballs, bibs, rounders bats and posts, electric ball pump, boot cleaner etc.	High Quality PE lessons can continue over a sustained period of time.

PE and School Sport to be well managed	<u>Funding for PE lead to be released from class to lead subject</u>	£2873.00 (Split between Key indicator 2 & 3)	PE is well led and managed (Deep Dive with HIP in February 2022).	Subject lead to explore the possibility of using social media as a tool to raise the profile of PE & School Sport.
Increased Parent Awareness of which activities pupils are involved in and their achievements.	<p>CPD – keep up to date with policies and procedures, attend subject leadership meetings.</p> <p>Sport Premium Plan – write and update</p> <p>Sport Premium Funding</p> <p>Remote Learning ideas and support for all staff</p> <p>Write and send PE newsletters to parents (pictured on page 1 of report)</p> <p>Engage with pupils and staff on their thoughts on PE & Sport.</p> <p>Update PE page on school website</p> <p>Host PE & Sports Assemblies which parents are invited to.</p> <p>Curriculum Plan</p> <p>PE Subject Leader Portfolio</p> <p>Arrangements and organisation of all extra-curricular clubs.</p> <p>Organisation of attendance at sports</p>		<p>Parents and children are given the opportunity to celebrate the sporting opportunities and success.</p> <p>Staff are kept up to date with regards to PE curriculum and school sport opportunities</p> <p>All staff have the resources to enable them to teach high quality PE lessons</p> <p>Children have vast opportunities to increase activity levels and maintain healthy life styles</p> <p>All stake holders are aware of the action plan for PE and Sport Premium</p> <p>All stake holders are kept up to date with regards to all aspects of PE and School Sport at St Alberts.</p>	

	events, Healthy Living Week and Sports Day			
Ensure that resources are fit for purpose to enable all children to take part in PE lessons and school sport.	Cost of inspection and repairs carried out by 'Sports Safe' to ensure all PE resources are held to a high standard and are safe to use to enable children to take part in high quality PE lessons.	£700.76	Inspections and repairs carried out have meant children can continue to participate in high quality PE lessons. Some repairs included: <ul style="list-style-type: none"> • Repair of gymnastics bench • Replacement of netball post 	High Quality PE lessons can continue over a sustained period of time.
Provide opportunities for pupils to become physically confident in a way which supports their health and fitness.	To increase the profile of dance and performing to audiences, an outdoor stage has been commissioned for construction.	£3,000.00 (committed expenditure)	Children will have the opportunity to rehearse and perform to friends and audiences, increasing the profile of dance across the school.	Dance will continue to be a strong pillar within the profile of PE and sport at St Alberts.

Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport				Percentage of total allocation:
				23%
Intent	Implementation		Impact	Sustainability and suggested next steps:
Staff to be confident and passionate about delivering the teaching of PE	Funding for PE lead to be released from class to lead subject	£2873.00 (Split between Key indicator 2 & 3)	PE is well led and managed Staff are kept up to date with regards to PE curriculum and school sport opportunities All staff have the resources to enable them to teach high quality PE lessons	PE curriculum to continue to be delivered to a high quality giving children excellent opportunities and experiences.
	PE lead to provide support and training to enhance the quality of PE.			
	PE lead to provide CPD staff			

	<p>meeting.</p> <p>PE lead to plan and map out PE curriculum from nursery – year 6.</p> <p>PE lead to provide support for ECT.</p> <p>PE lead to signpost staff to relevant training courses.</p>		<p>Children have vast opportunities to increase activity levels and maintain healthy life styles</p> <p>All stake holders are aware of the action plan for PE and Sport Premium</p> <p>All stake holders are kept up to date with regards to all aspects of PE and School Sport at St Alberts.</p>	
PE lead to be confident in leading the subject to a high quality.	PE lead to attend PE conference.	£150.00	PE lead attended two seminars which provides him with the knowledge and tools to lead the PE curriculum more effectively.	PE curriculum to continue to be delivered to a high quality giving children excellent opportunities and experiences.
Staff to have resources, tools and guidance on how to deliver high quality PE lessons.	To support out comprehensive GetSet4PE resource, the subscription of a specific outdoor and adventurous activity scheme has been renewed which supports staff in delivering that aspect of PE.	£400.00	Staff are able to access first class resources to support them in delivering OAA lessons with our purpose built OAA course across the school site.	Staff members confident with delivering high quality OAA lessons.
Staff to have access to CPD opportunities through our DSSN membership.	PE subject leader to attend leadership meetings each term. Subject leader to signpost staff members to CPD opportunities from DSSN	£1,080.00 (split between key indicator 3 & 5)	Mr McIlroy was able to attend PE subject leader meetings to network with local PE leads about how best to shape and manage the PE curriculum. Staff members did not request any CPD that was offered in autumn term.	PE lead confident to manage and deliver a high quality PE curriculum. Staff members confident with delivering high quality PE lessons.

Staff to have CPD to increase confidence in delivering PE.	Following feedback from a PE Staff Survey (July 2022), a specialist dance teacher has been commissioned to support every class teacher with the delivery of their dance units for the 2022-23 academic year.	£2,000.00 (Committed expenditure)	Staff will increase their confidence and knowledge with teaching dance. As a result, the quality of dance lessons that the children will experience will be good or better.	The quality and profile of dance across the school will be good or better.
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Key indicator 4: Broader experience of a range of sports and activities offered to all pupils

Percentage of total allocation:

10%

Intent	Implementation		Impact	Sustainability and suggested next steps:
Provide children with new sporting opportunities to broaden their experience.	Ordered multiple archery sets to introduce a new sport to the school.	£192.91	Pupils of St Albert's had the opportunity to participate in a new sport together. Feedback from pupils and staff is that the sport has been a success.	Archery sets to be used in extra-curricular activities as well as at break times to give children extra activities.
Provide children with new sporting opportunities to broaden their experience.	Ordered multiple basketball hoops to be installed on to our MUGA & KS1 playground.	£125.00	Pupils of St Albert's had the better opportunity to participate in Basketball activities during PE lessons and also playtimes.	Basketball after school club to be established in the autumn term.
Relaunch our annual Healthy Living Week, providing a range of sports, coaching and activities for children to promote and engage a knowledge and love of healthy lifestyles. Introduce new sports and Boot camp style sessions	Book specialist sports coaches to deliver activities and sessions to inspire children to try new sports. Staff to deliver healthy cooking sessions.	£1604.99	All the children in the school had opportunities to take part in a wide variety of sports and activities throughout the week including: Bounce Trampolining, boxing, tennis, dance, musical theatre, tag-rugby, football, inflatable team building, and basketball.	Establish and form connections and links with coaches and local clubs. Review current extra-curricular clubs and establish new clubs in September 2022 based on what activities were enjoyed in HLW.

			Feedback from KS2 pupil survey was that the children had an overall extremely positive experience.	
Sports Day	Plan and deliver a fun and engaging Sports Day 2022. Medals and other resources purchased.	£33.08	Three sports days were hosted across one day. Sports leaders from our feeder secondary school supported the delivery of the carousel activities for all three sports days. Following each carousel, children took part in a number of races (sack, egg and spoon, skipping, hurdles and running) over varying distances (dependent on age) on the running track. Several positive parents emails were received about how successful the day was and the positive impact it had on their child.	Children's achievements acknowledged, awarded and celebrated.

Key indicator 5: Increased participation in competitive sport				Percentage of total allocation:
				10%
Intent	Implementation		Impact	Sustainability and suggested next steps:
To provide every child with an opportunity to take part in competitive sport.	Renewed our membership of the Dacorum School Sports Network (DSSN) Sign every class up to multiple events hosted by DSSN across the academic year.	£1,080.00 (split between key indicator 3 & 5)	Every class from reception to year 6 attended at least 1 (if not more) sports events hosted by DSSN.	Continued provision of competitive sports giving children life lasting sporting memories.
To provide every child with an opportunity to take part in competitive sport.	Cost of transport to multiple competitive sporting events was funded.	£1,045.00	Children were able to attend DSSN competitive sports events.	School to prioritise this and include in general budget planning if the sport premium fund ceases.
To provide every child with an opportunity to take part in competitive sport.	Specialist dance coach employed to choreograph and lead year 5 & 6 Dacorum Dance team.	£324.00	We came second. The children were fantastic and represented the school and themselves amazingly.	School to consider asking for voluntary contributions as well as plan as above in budget planning.
To provide every child with an opportunity to take part in competitive sport.	Entry cost for local year 5 & 6 athletics competition at Jarman Park athletics track.	£10.00	We came second in the whole competition! A fantastic memory which the children enjoyed taking part in.	Put this cost in the school budget plan.

Signed off by	
Head Teacher:	Mrs Kathy Little
Date:	31/7/22
Subject Leader:	Mr Michael McIlroy
Date:	31/7/22
Governor:	Mrs Alison Spice
Date:	31/7/22