



St Albert's P.E NEWSLETTER

Special points of interest:

- Healthy Living Week
- Sports Day
- PE fun
- Dacorum Dance podium finish
- Finalist Football Team
- DHC Athletics silver medalists
- GB Athlete Visit
- Commonwealth Games Festivals
- Tri-Golf Champions
- Sports hall Athletics
- Outside Achievements

"The range of activities provided for the children was brilliant and allowed all children to shine in different ways. It's hard to pick highlights but the dressing up/dog walking and the kurling were particular favourites. It is also great to have a variety of both competitive and non competitive events." Parent of FSI & Year 3 child.

Sensational Year of Second Places!!

St Albert's have certainly had an excellent year in PE & Sports. Not only is it a celebration returning to normality through sending children on local sporting trips but also being able to provide competitive sporting opportunities against local schools, our children have achieved some wonderful successes along the way.

To find out more, please read on to page 2 & 3.

Action Packed Healthy Living Week Superb Sports Day

The children returned back from their final half term break to their most active week of the academic year. To launch our healthy living week, our year 6 bronze ambassadors led a whole school warm up on the playground for their peers. This certainly got the pulses raised ready for the week ahead!

Following this, the activities came thick and fast all week long. Children from all classes were lucky enough to have several opportunities to participate in a variety of activities ranging from boxing to bounce fitness to basketball (and many, many more). The aim of the week was to give every child an opportunity to experience a variety of activities to hopefully help them find something that they like. We also provided children at St Albert's with a new sport to try together as classes for the first time through ordering several Archery sets. Judging by the feedback from all classes, the purchase was money well spent! As the week went on, the excitement for our final showcase of healthy living week built up. It was so lovely to welcome so many parents, family and friends of the school for our first proper sports day post lockdown. From our early years sports day at 9am all the way through to our KS2 event in the afternoon, the

support from you all certainly made the day that more special. I hope you all enjoyed the day as much as much as the staff and myself did. I would like to extend a massive thank you to the sports leaders from JFK School who kindly came to help support the delivery of the event, without them the day would not have run so well. It was lovely to see children in the early years and KS1 have their first taste of a sports day and I hope they are looking forward to many more in their years to come. As the Early years sports day was non-competitive, it meant all scores from the KS1 and KS2 events would count towards who would be crowned the winning house. All children from both key stages demonstrated excellent collaboration skills and terrific sportsmanship in every event that they took part in – well done to you all! Extraordinarily, we ended up with a tie for the overall results. Well done to **St Alban** and **St Josephine Bakhita** for finishing tied winners. Your colour strings will be tied to the sports day cup for the next 12 months! **To see the highlights of our terrific week, please see the gallery of images on page 5.**

"Thank you for the brilliant memories, and also a fantastic Healthy Living week. Overall my son thoroughly enjoyed all the activities across the whole week and came home buzzing every evening with stories about what he had been doing." Parent of Year 2 child.



Football Team



"My highlight of the season was our brilliant comeback in the quarter-final of the league against Potten End. We did so well to come back and win after being 1-0 down at half time."

Jimmy (Year 6)

"I have enjoyed training and playing football for the first time this year. I am definitely going to continue playing in secondary school."

Katie (Year 6)

As mentioned in the Autumn term newsletter, this has been the busiest year of school football for St Albert's. Over 30 children represented 3 different teams in the DSSN Football league. Well done to all of you for your dedication at training each week as well as your terrific attitude in fixtures!

It is without a doubt that this year's Boys A team has been one of the strongest sides to represent the school for many years. Finishing the DSSN league campaign undefeated, the boys took on Potten End School in the quarter finals, eventually winning 3-2. This set up an extremely difficult

semi-final against Nash Mills School. The boys fought hard but eventually bowed out at this stage. The success didn't stop here though. The A-team played in the District football tournament at Kings Langley School in the spring term. Despite losing their opening game to Hobletts Manor, the boys bounced back in the rest of their group games scoring over 10 goals to top their group. The teams who topped their groups then met in a three way final. Impressively the boys didn't let the nerves get to them and they were victorious in their game against St Pauls 1-0, however they then came up

against a very strong Kings Langley side who narrowly beat us 1-0 meaning they were crowned champions and St Albert's were second. **Though no trophies were won this season, the boys pictured below with their runners up medals are certainly one of the strongest sides to represent the school for many years.**



Dacorum Dance



"I loved rehearsing every week for Dacorum Dance and the competition night was so exciting." Ava (Year 6)

In previous years, St Albert's have enjoyed great success participating in DSSN's Dacorum Dance Competition. One Friday evening in March, over 20 year 5 & 6 children nervously watched several other primary schools take to the floor to perform their routines knowing they were the final performance of the evening. Thanks to their hard work in weekly rehearsals since the beginning of January, our children took to the floor

and nailed their performance. The thrill of performing in front of a packed audience was exhilarating enough, but when the judges announced that **we came second out of all primary school entries**

the roof of the sports centre nearly erupted in cheer! Well done to all children who took part and also many thanks to Katie from Kreative Dance for choreographing and leading the rehearsals.

"The children worked so hard with rehearsals and practice. Amazing memories were made and a lovely piece of silverware has been added to the growing display we have in our school."

Katie, Kreative Dance.





In the last few weeks of the summer term, a selection of year 5 & 6 children walked to Jarman Park Athletics Track to take part in a competition against other local schools. Competing in a variety of track races ranging from 80m to 4x100m relay, the children represented their school excellently. There were many fantastic individual and team performances including two first place finishes (pictures to the right). An accumulation of points for podium finishes from the whole team resulted in St Albert's being awarded second place overall out of all schools! Well done guys 😊



Daniella (year 5) 1st place in 80m sprint



Year 5 girls 1st place in 4x100m relay

GB Athlete Fundraising Visit

There were many excited and inspired children who left school on 29th June. Nerys Pearce, a multi-sports wheelchair athlete, visited the school to deliver a fitness circuit with all classes and then finished by delivering a magnificent assembly. The nine-time world record holder discussed her ups and downs in life and sport and had every child (and teacher) hooked! Her message to the children was that no matter what problems you face, you keep pushing on. As a result of the motivating event, students had the opportunity to ask friends and family members to sponsor them. The total raised would then be split between our visiting athlete's training fund and vouchers for the school to spend on new sports equipment. I am pleased to announce that the grand total raised was over £2,300.00 meaning we

will have over £1,000.00 to spend on new equipment to help deliver high quality PE lessons next year. Congratulations to **Louie B** (year 2) and **Emerson H** (reception) for both raising £160.00 each, the most amount of money out of all children within the school.



"He was so amazed by her, telling me everything about her down to the fine details. What a wonderful person for the children to meet." Emeka's mum (year 3)



Commonwealth Games



As the Commonwealth Games is heading to Birmingham this summer, Dacorum School Sports Network delivered some Commonwealth Games Festivals for several schools to attend this term. It was a unique opportunity for our classes to represent their class in either team or individual events which then went towards the overall score. We were fortunate to be able to send several classes to these festivals. We had some fantastic success

including our year 1 children developing their team work skills, our year 4's came third overall and our reception and year 3 classes' both came second in their festivals respectively! Over 100 St Albert's pupils working well and achieving together as a team. Well done to you all. 😊





Tag-Rugby Festivals



“My favourite part of tag-rugby was dodging people and pulling off awesome skills. It was a great day.” Cameron (Year 6)

Over the spring and summer terms, we were able to enter 3 classes from KS2 to attend tag-rugby festivals at Camelot Rugby Club. Unfortunately, due to inclement weather, the year 4 festival lasted a grand total of 10 minutes before the organisers decided it was too wet and slippery to continue! Thankfully the rain kept away on the day of the year 5 & 6 festival and the children were able to enjoy some excellent fixtures against other local primary schools.. Well done to all children who represented the school in these festivals.



“Tag-Rugby was amazing! I really enjoyed collaborating with my friends.” Ben (Year 6)



Tri-Golf Champions



Year 4 spent a glorious spring afternoon at Longdean school in May taking part in a School Games Tri-Golf Competition. After already completing a unit of Golf in PE in the previous term, the children in year 4 were looking to put the skills they rehearsed in to practice. The children were split in to 3 teams of 10 and rotated around a carousel of different Tri-Golf activities. There was some excellent chipping and putting on display from all three teams. When it came to the results announcement it was amazing to hear one of the St Alberts teams announced as the winners! Well done to all of year 4 for participating so well and congratulations to the winning team. As this was a ‘School Games’ event, it meant that as 10 of our children were crowned Dacorum champions, they then would have to go on to the county finals later that term representing their district. A couple of months later, those 10 children who won the local event travelled to Mill Green Golf Club in Hatfield to compete against the other district champions from across Hertfordshire. The standard was very high, and our children not only represented the school fantastically but they also did Dacorum very proud!



“ I enjoyed learning to putt the most and my favourite activity was the domino station. We had to try to hit different coloured cones one by one.” Una (Year 4)



Sports Hall Athletics



“My favourite event at the festival was the obstacle course, it was great!”
Evangeline (year 2)

In the Spring term, our local ‘school games’ organisers Dacorum School Sports Network (DSSN) hosted sports hall athletics festivals for children in year 2 & 6. Across a week in February, both our year 2 & 6 classes made the short journey to Longdean to participate. The year 6 children enjoyed the opportunity to take on certain track and field events individually which they would aim to achieve

as many points as possible for their team. Well done to all of the year 6’s, you were excellent sports and showed impressive skills in your events! The year 2 event was organised slightly differently. This event consisted of a carousel of athletics events such as javelin throwing and speed bounce. Well done to all of year 2 for attending the festival!



HLW & Sports Day Gallery





Outside Sporting Achievements



Robyn in year 4 has had a magnificent year in gymnastics and it has been lovely to hear about her journey. Only competing in her first ever competition a matter of months ago, she has picked up an enormous amount of medals across several events including many 1st places. This instant success rewarded Robyn with an invitation to train and compete with the county gymnastics squad in Stevenage. Well done for all those hours of practice you are putting in Robyn, we hope to see you at the Olympics one day!



Congratulations to Freya in year 5 who recently achieved a distinction in her Irish dancing exam. Freya demonstrated her excellent skills in our St Patrick's day assembly, the children absolutely loved seeing her dance!



Megan (year 6) won a trophy at her dance presentation recently for "hard work and progress". Excellent job Megan, I hope you continue to progress with dancing in secondary school!



Congratulations to Quinn (Y3) on being awarded Man of the Match at Kings Langley vs Bovingdon where he scored a hat trick in the spring term. This was the second time in three weeks he received this award from his coaches. Well done, Quinn!

To appear in next term's PE Newsletter please send in your child's sporting achievement to admin@albertthegreat.Herts.sch.uk



Outside Sporting Achievements



Congratulations to Una (FS2) who came first in her Cheer ICC Southern Competition. This was the first competition she had ever taken part in. What a magnificent achievement Una, keep up the cheering! 😊



Congratulations also to Nathan (Y3) who attended the District Cubs and Scouts Swimming Gala at Hemel Sports Centre. Nathan came 2nd in the U9s freestyle and 4th in his final. Most importantly, Nathan's efforts and scores helped his Cub Pack to come 2nd overall in the whole of the District!

Well done to Jack in FS2 who took part in the 1.2mile fun run that took place before the Watford half marathon at Cassiobury Park in February. He completed the race in 12 minutes and 3 seconds and was awarded with a medal for his efforts. Well done Jack!



Congratulations to Una, Ruby and Zoey from Reception who took part in their first ballet show in May and Abigail from Year 2 who took part in the dance show 'BDA Goes Pop' at the Sandpit Theatre. Well done girls!

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Outside Sporting Achievements

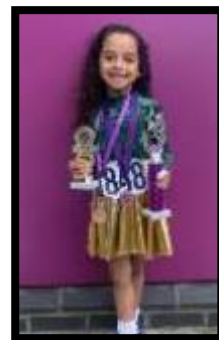


Bianca in Year 1 took part in Bubble Rush (Sunday the 15th May) to raise money for St Francis Hospice. She was very brave and she finished the whole 5k. She got a medal too!

Katie in Year 4 also took part in the Bubble Rush to raise money for St Francis Hospice and thoroughly enjoyed the experience! She was so happy to raise money for such a fantastic cause. Well done girls!



Isabelle, in Year 1, competed in her first Irish dancing feis in June and came first in her reel, 2nd in her trophy dance, 3rd in her hop jig and 4th in her light jig. Well done Isabelle!



In June, Quinn from Year 3 was awarded Coach's Player of the season by Kings Langley FC. His coaches described him as 'full of energy, fearless and a lovely kid'. Quinn was delighted to receive this prestigious award and looks forward to another successful season. Not long until you can represent St Albert's football team now Quinn, well done!



Emeka in Year 3 has been awarded 'boxer of the week' 3 times in quick succession! Emeka has shown perseverance, good listening skills and has been very disciplined in order to achieve this award. Well done Emeka!

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Outside Sporting Achievements



Earlier this month, Abigail took her first ballet exam with Bovingdon Dance Academy last weekend and she was awarded a High Distinction. Superb achievement Abigail!



Arlo in Nursery with his medal after performing in his first dance show with the Popstars Academy. Keep up the great work Arlo!

Kourtney and Savannah in FS2, have been attending Jigsaw Performing Arts School this year. Very recently, they had their first show. Both girls did a fantastic job. Savannah also received a certificate for completing one year at Jigsaw. Brilliant!



Auriol has had a very busy year with sporting achievements! She has reached level 3 in both Ice skating and swimming. She is also waiting on results from a ballet exam that she recently took. Amazing variety of skills you have Auriol, well done!

Abigail took her first Acro exam in July. She received almost full marks and was awarded a high distinction. Terrific news, well done!



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